

HUMAN RESOURCES

1767 Island Highway, Victoria BC V9B 1J1 | PHONE 250-478-8384 | www.westshorerecreation.ca

Internal/External Job Posting

POSITION: Group Fitness Instructor (including Indoor Cycling)

SALARY: \$28.54 per hour + 14% in lieu of benefits = \$32.53 per hour (Jan 2024 rates)

CLASSIFICATION: JB08, Instructional Team Leader I

HOURS OF WORK: Must be able to work a variety of daytime, evening, and weekend shifts to meet

operational needs.

STATUS: Auxiliary

CLOSING DATE: May 16th, 2024, at 12:00PM

COMPETITION: 24-42

SUMMARY: Are you energetic and enthusiastic about motivating people through group fitness? Do you like making a positive difference in people's lives? Our fitness studio is the place for you! We offer flexible hours working in a diverse, friendly, and welcoming environment. We also offer staff a free membership for drop in to the weightroom, pool, skating rink, and drop-in fitness classes, and the ability to play on our 9-hole golf course. Join our team to share your passion for fitness and lead your community into an active and healthy lifestyle.

Come join us ~ it's the perfect place to work & play!

JOB DUTIES & ACCOUNTABILITIES

Instructors ensure program content and music are appropriate for the class, and exercises are safe and suitable for the level of participants. Fitness class formats include: indoor cycling, boot camp, circuit training, strength and conditioning, low impact cardio, parent and tot, and others. Instructors are responsible for setup/clean-up of class equipment and promotion of fitness programs and services.

QUALIFICATIONS

- Current registration as a group fitness instructor (BCRPA, Canfitpro, CSEP, ACE, ACSM, Canada Fitness Education Services, NFLA or equivalent).
- Indoor cycling certification is required.
- Minimum one-year experience instructing safe group fitness classes.
- Lesson planning, strong communication and organizational skills required.
- Demonstrated experience in public relations, professionalism, and strong customer service skills.
- Demonstrated ability to work co-operatively in a team environment, as well as to work independently.
- Current Emergency First Aid and CPR is required.

A clear and current criminal record check is a condition of employment and is the financial responsibility of the successful candidate.

Resumes and cover letters quoting competition **24-42** to be received prior to **May 16th, 2024** at 12:00PM. **Attention:** Human Resources, West Shore Parks & Recreation Society, 1767 Island Highway, Victoria BC V9B 1J1, email: jobs@wspr.ca

This is a union position. Only those candidates under consideration will be contacted. Posted: April 29th, 2024