

Juan de Fuca Recreation Centre

HOLIDAY HOURS

Thanksgiving - Sunday, October 12

Reception 7:00AM-7:45PM

Pool 7:00AM-8:00PM No lessons
Limited capacity
7:00-11:00AM Lengths (L) & Leisure
11:00AM-1:30PM Lengths & Leisure
1:30-4:00PM Fun Swim with Waterslide & lengths (L)
5:00-8:00PM Lengths & Leisure

Weightroom 7:00AM-8:00PM

8:00-9:00AM Attendant on duty
11:00AM-12:00PM Attendant on duty
2:00-8:00PM Attendant on duty

Fitness Studio

8:30-9:30AM Cycle 60
10:00-11:00AM Bootcamp

Drop-in Sports

No sports

Drop-in Skating

Regular schedule

Thanksgiving - Monday, October 13

Reception 6:00AM-2:45PM

Pool 6:00AM-3:00PM No lessons; no Aquafit
Limited capacity
6:00-11:00AM Lengths & Leisure
11:00AM-3:00PM Fun swim

Weightroom 6:00AM-3:00PM

10:00AM-3:00PM Attendant on duty

Fitness Studio

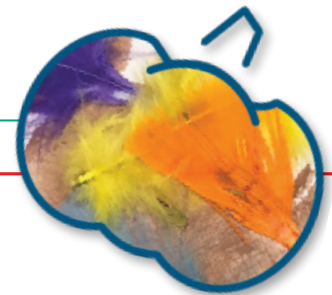
No classes

Drop-in Sports

No sports

Drop-in Skating

No skating



Saturday, October 11:

REGULAR HOURS

NO SWIM LESSONS

JDF Golf Course open 7:30AM-6:00PM (weather permitting)